

# Yesterday's news



# An *anti-bullying* resource for sparky classes!

# *Hello there...*

...and thanks for downloading our 'Yesterday's news' *anti-bullying* resources! We hope that you find them helpful.

This PDF contains four original printable posters for use around your school and four accompanying worksheets. There's also a PowerPoint presentation containing the advertisements and key questions to go with them to provoke further discussion about our theme.

When designing these anti-bullying posters, then, we chose to approach the subject from a different angle... *What would our schools be like if we had our way and bullies were out of a job?*

We're not trying to make light of what is a very serious, very real subject – but we do hope to give you a way of approaching the topic through humour. We hope that your pupils find the resulting newspaper advertisements amusing and thought-provoking.

## *On copyright...*

'Yesterday's News' is © Sparky Teaching 2009.

Once upon a time, these posters were sold as a downloadable PDF from the website.

The 2012 PDF (this version) is a free download and you're welcome to do what you like with it. All we ask is that you don't pass it off as your own and that, if you like the posters, you tweet about them and point people in the general direction of where you got them from. We'd also love to see pics of them up on the walls of your classroom, but we realise you're busy people.

## *A final note...*

As with most things we do, 'Yesterday's News' is all about nurturing a positive environment for learning in your classroom. We hope the resource helps you do this.

One day, we may take the idea, build on it and get it printed 'properly'. If you'd like to be told about this when (if) it happens, drop us an e-mail to [contact@sparkyteaching.com](mailto:contact@sparkyteaching.com) and we'll add you to our special mailing list for sparky people. Or just follow us on Twitter - @SparkyTeaching!

## *Thanks for your support!*



# sparky teaching\*

...igniting classroom creativity

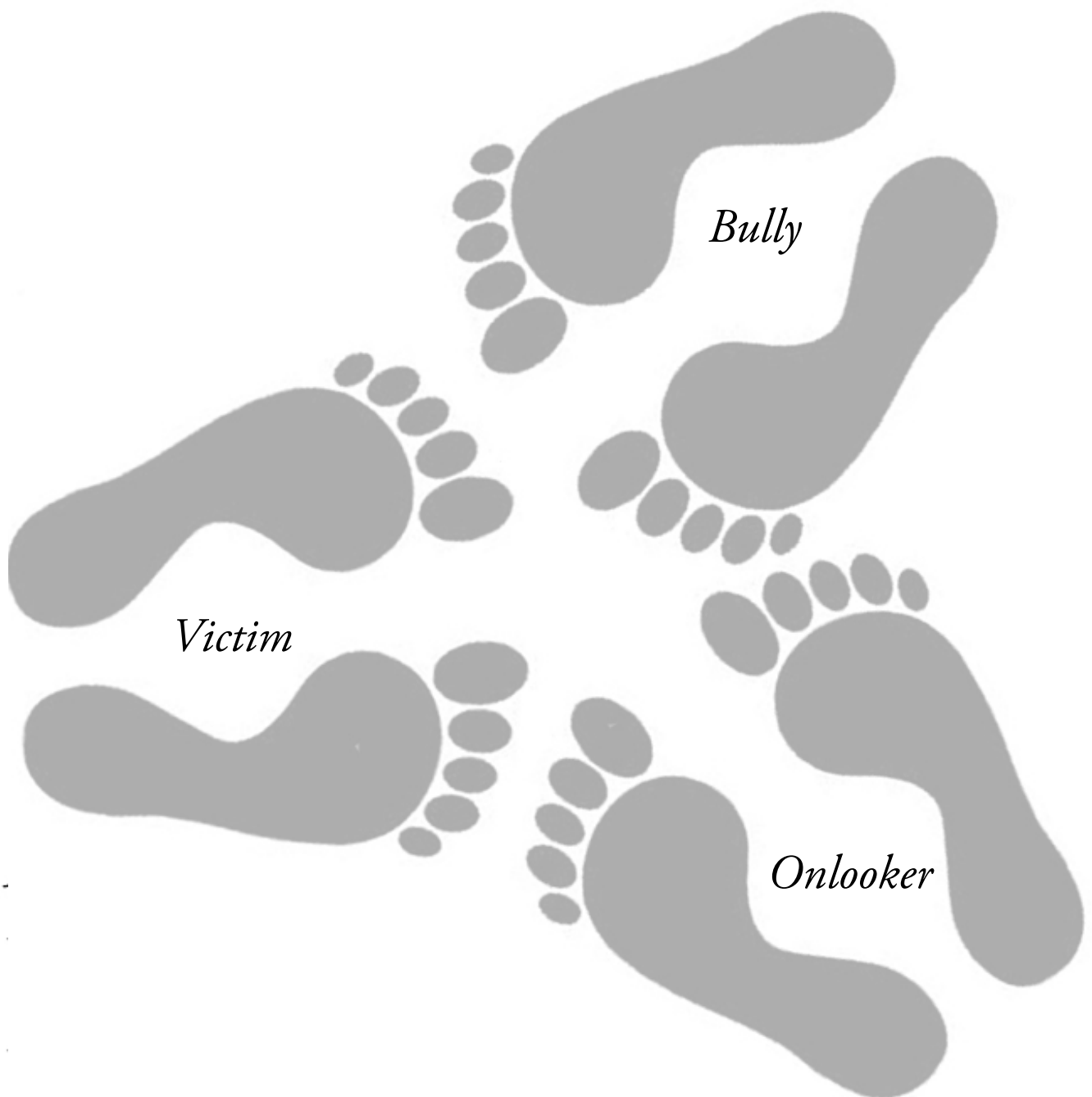
# *What's it like?*

There is a saying that goes something like this...

*If you want to understand how someone is feeling, try walking a mile in their shoes.*

In other words, try to put yourself in their position. (Don't actually do this as by the time your friend realises their shoes are missing, you'll already be a mile away!) Try putting yourself in three positions – the bully, the victim and the onlooker.

In each set of footprints, write a set of words to describe how you think each person feels during a bullying encounter. Use the 'Feeling Words' sheet to help.



# Feeling words list

*Who* feels *what* during an encounter with a bully?

Which of these words are suitable to describe the bully, the victim and the onlooker?

(You might think some of these words shouldn't be used at all and some words could be used more than once.)

afraid	fearful	outraged
annoyed	foolish	overwhelmed
anxious	frantic	panicked
appreciated	friendless	paranoid
awkward	friendly	persecuted
betrayed	frightened	petrified
'big'	helpless	quarrelsome
bold	hopeless	sad
brave	horrible	scared
clever	hostile	shy
concerned	immobilised	threatened
confident	impatient	thwarted
cowardly	inadequate	trapped
dejected	infuriated	troubled
desperate	insecure	uncertain
different	intimidated	uneasy
disappointed	isolated	unsettled
distraught	lonely	unsure
disturbed	miserable	uptight
embarrassed	mistreated	vulnerable
excited	misunderstood	worried
exhausted	nervous	

# Walk tall!

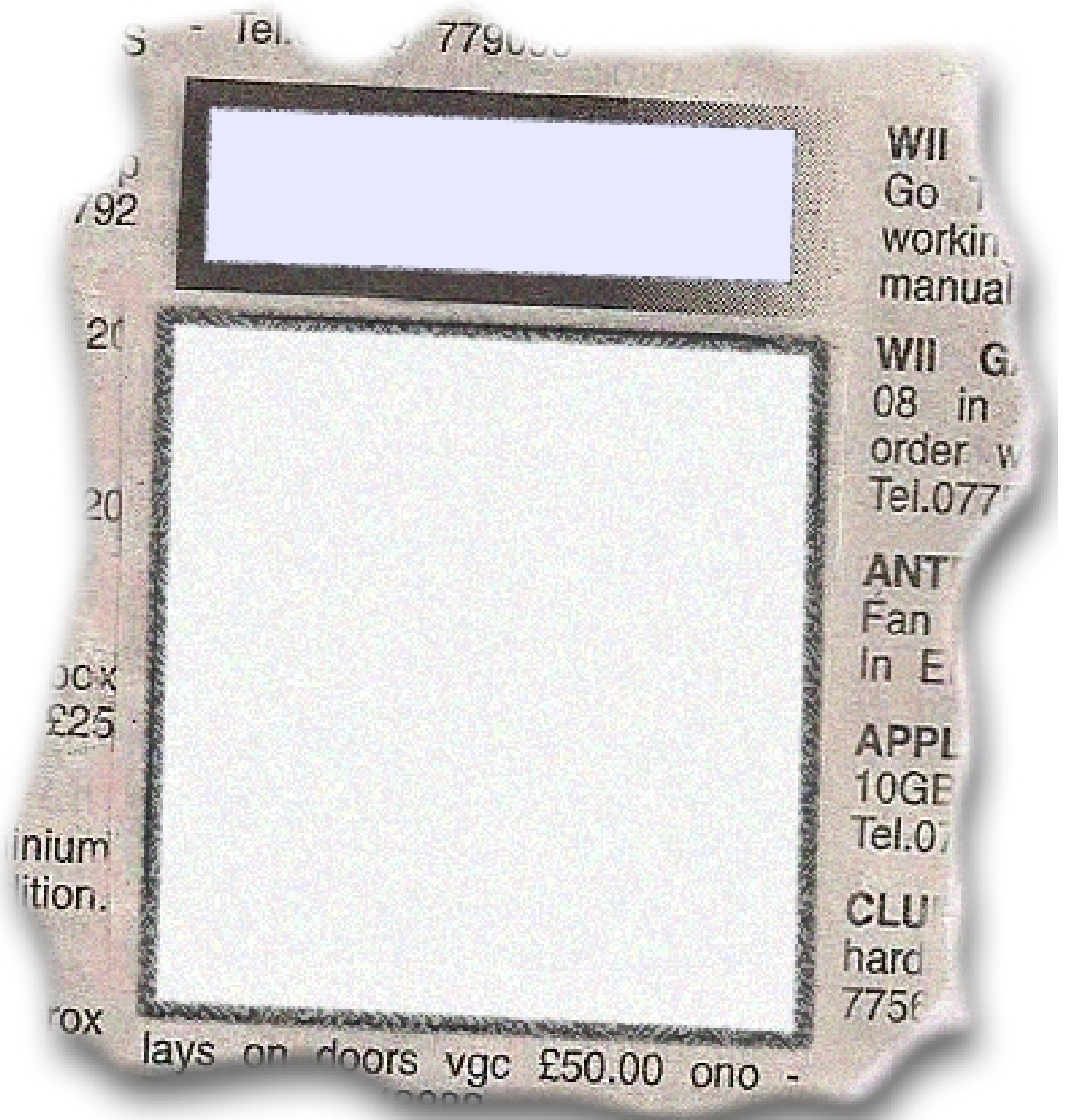
Lots of bullies are not very sure of themselves, so they look out for victims who don't look very confident. Walking tall isn't about being a tall person, it's about holding your head high, walking with confidence and thinking positively about yourself. If you think tall and walk tall, you won't look like a very easy target to a bully.

Fill the body shape with things that you could think and feel about yourself that will keep you confident. Around the body, write down things that you can *do* to show your self-confidence to other people.



# *What if bullying really was yesterday's news?*

Use the template below to design your own newspaper advert placed by an out-of-work bully.





I wouldn't bother.  
Bullying's yesterday's news around here.



Try somewhere else.  
Bullying's yesterday's news around here.



# Move on.

Bullying's yesterday's news around here.



# It's no use.

Bullying's yesterday's news around here.